



INDICATIONS FOR USE 1
 CONTRAINDICATIONS, WARNINGS,
 AND CAUTIONS 1
 ICE WINGS 2
 COMFORT STRAP 2
 DIRECTIONS FOR USE 3
 BUZZY PLACEMENT 4
 SHOTS 5
 STOMACH INJECTIONS 6
 FOR ACHEs AND PAINs 6
 FINGER STICKS, SPLINTERS 7
 BURNING, ITCHING 8
 FOR NURSES 8
 CLEANING, CHANGING BATTERIES,
 TROUBLESHOOTING,
 ORDERING, GUARANTEE 10



Developed by a physician, Buzzy®
 is a reusable device for minor
 aches and pains.

Healthcare Buzzy® for professional/clinical use.
 Reusable pain relief product intended for multiple
 users. Thoroughly clean and disinfect Buzzy® and
 its accessories between patients following your
 facility's infection control protocol for reprocessing
 non-critical equipment.

buzzy4painrelief.com

CAUTIONS: Store in a cool, dry place.

CONTRAINDICATIONS: Do not use in the presence of unexplained calf pain. Consult a physician. • This device should not be used over swollen or inflamed areas or skin eruptions. • Do not place directly on a thermal burn • Do not use ice pack with underlying sensitivities to ice or cold (e.g. Sickle Cell Disease, Reynaud's Disease).

WARNINGS: For intended use only • Direct or prolonged application of ice could vasoconstrict or alter lab values.

Healthcare Buzzy comes with reusable, clear blue gel wings and a silicone Comfort Strap. Thoroughly clean and disinfect between patients and refreeze Wings after each use. Follow your facility's infection control protocol for cleaning non-critical equipment between patients.

Fold Wings and STORE IN FREEZER. Wings must be frozen solid for best effect.

INDICATIONS FOR USE: Controls pain associated with injections (venipuncture, IV starts, cosmetic procedures) and the temporary relief of minor injuries (muscle or tendon aches, splinters and bee stings). Also intended to treat myofascial pain caused by trigger points, restricted motion and muscle tension.

TROUBLESHOOTING:

When used with care, Buzzy should last years. If Buzzy is dropped repeatedly, however, the metal that holds the batteries in place can bend. If Buzzy fails to function after a fall, try pinching battery clip in to restore contact.

HOW TO ORDER /ADDITIONAL INFORMATION:

Please visit our website buzzy4painrelief.com for a complete list of FAQ's, other pain management tips, how-to videos, accessories, replacement parts, and more!

GUARANTEE:

Previous medical history and intrinsic physiologic differences may make Buzzy® less effective for some people. If not completely satisfied, return within three months to place of purchase for a full refund, or contact us at the address below.

MMJ Labs
 322 Sutherland Place
 Atlanta, GA 30307, U.S.A.

buzzy4painrelief.com info@mmjlabs.com

877.805.2899
 US Patented British Patent No. 2455695
 RM-1910, 1248-064-5002-00, 1248-064-5001-00



COMFORT STRAP:

Our Comfort Strap is a reusable, single-handed tourniquet, smooth and pinch free. To use, 1. Loop the Comfort Strap around the arm, passing one end through the slit in the other. 2. Hold the slit and pull the other end through until the desired tension is reached, then release the slitted end. 3. To lock the Comfort Strap in position, release the tension from the long end. 4. To release, simply pull gently on the short end and the Comfort Strap will fall away.

Note: To transport, place the Wings between the Cold-To-Go bag blue ice inserts (sold separately), or between 2 commercial cold packs (sold separately) to maintain frozen temperature.

Store folded Wings in freezer. Gel inside Wings is a non-toxic, safe, food-grade product that may deteriorate if not stored properly.

Tip: For long procedures or for medications that burn or sting, prepare additional Wings.

Thoroughly clean and disinfect between patients and refreeze after each use. Follow your facility's infection control protocol for cleaning non-critical equipment between patients.

ICE WINGS: Wings will stay frozen 10 minutes at room temperature. For best pain relief, the Wings must be frozen solid to avoid absorbing vibration.

CLEANING:

Buzzy® is a reusable medical device that should be thoroughly cleaned and reprocessed following your facility's infection control protocol for non-critical equipment. All accessories must be cleaned and disinfected with your facility's disinfecting wipes or method used to reprocess non-critical equipment such as stethoscopes or patient monitors. Do not autoclave. Do not immerse in liquid.

BATTERIES:

When battery power is getting low, Buzzy® will emit short spurts of vibration upon initial activation. Please refresh your Buzzy® with new batteries. Buzzy's batteries will last at full strength about 20 hours. For best pain relief, replace batteries when vibration weakens. Unscrew the back using a philips head screwdriver to remove back panel. Buzzy® is powered by 2 alkaline AAA batteries. Remove batteries if Buzzy® is not being used for extended period of time.

DIRECTIONS FOR USE:



Attach Frozen Wings to Back of Buzzy

Immediately before use, remove the Wings from the freezer and attach behind Buzzy[®] on the hook. Activate by firmly pressing button on top of Buzzy[®]. Press once for constant vibration, twice for intermittent vibration. Press a third time to turn Buzzy[®] off.

Buzzy[®] has an energy saving automatic shut-off after 3 minutes of constant use. Simply press the button on top of Buzzy[®] to reactivate vibration.

Buzzy comes with a silicone Comfort Strap to hold Buzzy in place on extremities. **1.** Loop the Comfort Strap around the arm, passing one end through the slit in the other. **2.** Hold the slit and pull the other end through until the desired tension is reached, then release the slitted end. **3.** To lock the Comfort Strap in position, release the tension from the long end. **4.** To release, simply pull gently on the short end and the Comfort Strap will fall away.

Use Buzzy[®] only on clean, unbroken skin. Buzzy's stripes, or bottom end should be closest to the procedure, and Buzzy's head and switch farthest away.

Tip: For best results, center Buzzy's bigger rounded end directly next to the pain.

3

Buzzy PLACEMENT:

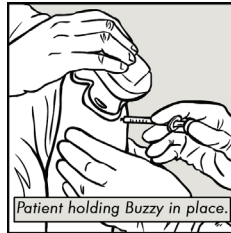


Buzzy's physiologic blockade works best when placed "between the brain and the pain" in the same nerve area as the pain. On arms and shoulders, nerves run from fingers to shoulders to the spine. For the chest and back, the nerves run from the center of the chest or stomach horizontally to the back. On the thighs, the nerves run diagonally from the inner thigh around to the back to the spine.

For children: For best results, let children hold Buzzy[®] in advance for familiarity, and let them choose whether or not to use the ice pack.

4

For shots: Switch on to activate the vibration, and then place Buzzy[®] on the site of the shot. Leave for 15 seconds for surface shots - 60 seconds for deeper injections. Immediately before cleaning the site, move Buzzy[®] proximal (closer to the head) to the pain location, and press in place throughout cleaning and giving the shot.



Patient holding Buzzy in place.



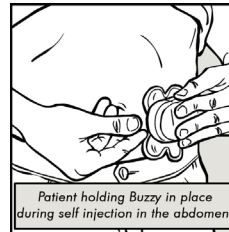
Parent holding Buzzy in place while comforting child.

For children who get their shots sitting up, a parent can put an arm around the shoulders to hold Buzzy[®] for them.

5

For injections in the stomach:

Place Buzzy[®] lateral to the shot (i.e., belly button, the shot, and then Buzzy[®]).



Patient holding Buzzy in place during self injection in the abdomen.

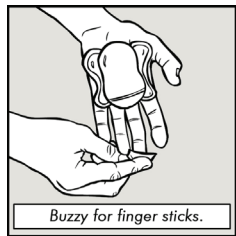
For Aches and Pains:

Apply directly to sore muscles for maximum of 10 minutes. Hold in place or attach with strap. Buzzy[®] has an energy saving automatic shut-off after 3 minutes of constant use. Simply press the button on top of Buzzy[®] to reactivate vibration.

6

For finger sticks or splinter removal:

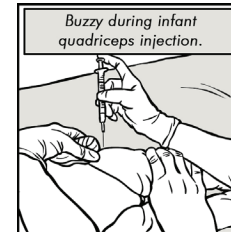
Switch on to activate the vibration, and then press Buzzy[®] on the palm with the bottom end toward the finger. Leave in place throughout cleaning and doing the procedure.



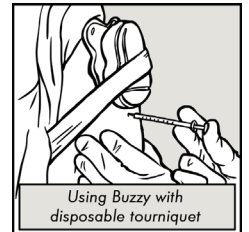
Buzzy for finger sticks.

For burning or itching: Like any cold and warm therapy application, Buzzy[®] can be helpful for burning or itching. For insect bites or medications that cause burning or itching, take frozen Wings and massage the vibrating Buzzy[®]/Wings combination directly on the site. Rub or press in place until the area feels better. Do not place Buzzy[®] directly on a thermal burn.

7



Buzzy during infant quadriceps injection.



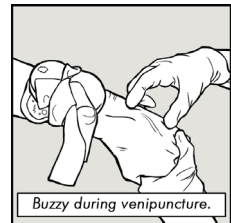
Using Buzzy with disposable tourniquet

FOR NURSES:

Press Buzzy[®] with the heel of your hand, leaving the thumb and forefinger to bunch skin for the shot. Leave Buzzy in place during the procedure. Once procedure is completed, secure Buzzy in one hand and release strap with other hand.

For IVs or phlebotomy:

Switch on to activate the vibration, and then place Buzzy[®] proximal (above) to the pain location. Press in place or tuck under tourniquet before immediately cleaning and obtaining access. Pass any tourniquet through slot to secure Buzzy[®] to arm. Do not put directly on site of access.



Buzzy during venipuncture.

8